



# The GOOD NEWS



View of the new suite shortly before completion



Above: The new waiting area. Below: Internet access



## Chemotherapy suite opens

**One of the Sussex Cancer Fund's major ambitions - a new Chemotherapy Suite - has now been come to fruition.**

Patients can now sit comfortably in reclining armchairs sited in individual bays allowing more privacy. There is also an area for those patients who need to lie down, and more space and seating for friends and relatives.


A separate preparation area allows nurses to prepare and store drugs and medical equipment away from the patients receiving treatment.

The new Chemotherapy Suite has its own reception area and a waiting room which features a small 'kitchenette' with a hot water urn, fridge facilities and a vending machine. As chemotherapy patients often have to be at the unit for several hours, this facility means they will now be able to store food and

drink items as well as help themselves to hot drinks whilst waiting.

The new suite has an 'Information Room' where nurses can sit with patients and their relatives in private to explain about their treatment and what's involved.

Finally we have even thought about what we could do to help create a relaxing environment with lighting. Nobody wants to sit having treatment in a room with harsh fluorescent lights, so we have installed state of the art huge natural light pictures. These are beautiful images that actually emit natural light to create the same effect as daylight.

A big "Thank You" to all who have given so generously to enable the opening of this important addition to the Sussex Cancer Centre. 



## Patient lounge and garden improvements imminent

The cover story of the last issue of "The Good News" featured the plans for enlarging the existing waiting room with increased seating and an improved access to the garden. We're pleased to say that the necessary funds, plans and planning permission have now been secured. Work on this new project should begin early in 2007. 



## New toilet facilities

Toilet facilities for patients and staff at the Sussex Cancer Centre have undergone a big improvement, much to the relief of all! Previously, patients had use of only one male and one female cubicle and the staff had only one to share between them. Now there are two staff and four patient cubicles and a toilet for the disabled. The overall decor has also been much improved. 💧

## Donate on-line

Donating on-line is quick and easy. Why not visit our web site and see how your donations help improve facilities for our patients.

Do you have a web site? Would you help us to spread the word of the Sussex Cancer Fund? Please help us promote it by adding a link from your site to ours.

Contact Tracy Walker who will be happy to send you details. 💧

[www.sussexcancerfund.co.uk](http://www.sussexcancerfund.co.uk)



Pictured above from left: Jane Patrick, Dr George Deutch and Maureen and Ray Ward.

## Huge Success for Annual Sponsored Walk!

It all came about from a suggestion of Diane Thomas who undertook a 106 mile walk across the South Downs Way back in 1998. From that, the annual seafront sponsored walk began. Led by Ray and Maureen Ward together with friends and family with Jane Patrick joining them approximately four years ago in organising this event for the Charity.

To date this walk alone has raised in the region of **£40K** for the charity, with this year raising a whopping £10,434.09! - the best yet, despite the heavy rainfall and very soggy walkers.

Since meeting Dr Deutch approximately 22 years ago, Ray, Maureen and their family have been raising money for the Charity, with various events such as Football marathon matches, raffles, etc.

Ray, Maureen and Jane are now passing the organisation of this event to Tracy Walker (Fund Administrator) who worked with them this year, learning the ropes to carry on this popular event. They will not be hanging up their walking boots entirely though and are looking forward to the next event which is provisionally booked for September 2007. The final date will be posted on the fund's web site: [www.sussexcancerfund.co.uk](http://www.sussexcancerfund.co.uk).

A huge thanks from the Sussex Cancer Fund Trustees and Governors Board to all the supporters of this event including Hilary Moore Flowers, High Street, Lewes, who donated all the balloons for the walk and especially to Ray, Maureen and Jane for all their hard work over the years. 💧

## Meet our members



### Hilary Welling - Treasurer

I was first introduced to the Sussex Cancer Fund in 1998, having met up with Dr Deutch and his wife at bridge classes. I have been the Treasurer of the Sussex Cancer Fund for Treatment and Research since then.

I live in Brighton with my husband and we are now retired. Previously, I worked in a bank and then part-time in a medical centre but now enjoy having more time for golf, bridge, gardening and, of course, for holidays and visiting my daughters and grandchildren.

The Sussex Cancer Fund has made a huge difference to those patients attending the oncology department over the last 25 years and I enjoy contributing to its many excellent projects. 💧

## CHAIRMAN'S REPORT 2005/2006

I am pleased to report that our charity continues to be a success. As always this is my annual opportunity to thank our paid and especially unpaid officers for their hard work and time so freely given. I am grateful for the continued support of our Governors and Trustees and, of course, our numerous benefactors.

The construction of the new chemotherapy suite has been subject to delay but is now scheduled for completion in the Autumn. We will then be able to use what promises to be a superb new facility. The old chemotherapy suite will then be used as a temporary waiting room before being converted by the Charity into much needed additional clinic space. This has yet to be designed and costed!

Work on the design of the improved patient lounge and garden has been completed. We now await planning permission and detailed costing. The same applies to the patient toilets and entrance area. We are finalising details of a canopy over the road outside the entrance which, in addition to affording protection from the weather, should greatly enhance the appearance of the Cancer Centre. Subject to planning permission and sufficient funds I anticipate all these exciting projects being achieved in phases over the next 12-18 months.

To date the Charity has not been able to find a suitable property which could be converted to a Patient Support Centre but active discussion on the project continues.

The Charity, as usual, continues to support study leave for Cancer Centre staff, the library and numerous small purchases for the benefit of patients either directly or indirectly by improving staff working conditions and equipment.

Our newsletter 'The Good News' continues to stimulate interest. We hope our recently launched website will also prove a success.

Very recently we have been approached by the University and Medical School on the possibility of joining forces in seeking funds especially but not exclusively for research. An enthusiastic preliminary meeting has already been held and more will follow. Although such a development would change the character of our Charity it should lead to a much larger, more prominent and ultimately more successful Sussex Cancer Charity.



**George Deutsch**  
May 2006



## Staff Wish List

There is always a need for more equipment. If you would like to contribute in part or in full to any of the items on our staff wish list, see our website for a current list or contact the administrator for help.

Pictured above is Angela Morgan; Kim Whitehouse, Manual Handling Senior Radiographer and Angela Hammond, Chief Supt Radiographer with the new equipment. The money was raised by the Royal Connaught Lodge, Eastbourne at various social events this year and was match-funded by the Sussex Masonic charities.

The equipment purchased was:

- An Airpal mattress and inflator which are used to transfer patients, who may be in great pain, from a stretcher to a treatment couch in comfort and safety for patient and staff alike.
- Special rope ladders which can be placed on the end of a treatment couch to aid people into a sitting position.
- Jelly mattresses used for patient positioning and to enhance patient comfort during treatment. •

### LATE NEWS

A fundraising group are planning a 1200 mile cycle ride around the UK, climbing Snowdon, Scafell Pike, Kinder Scout, Ben Nevis and Slieve Donard on the way! They hope to raise £15-30k for the Fund. If you'd like to support them, contact Tracy Walker or visit [www.sussexcancerfund.co.uk](http://www.sussexcancerfund.co.uk) for more details.

## Fund-raising

A BIG THANKS to all you fund-raisers. The pictures opposite represent just some of the many ways in which people raised funds.

**1.** Despite being terrified of heights, Adrian Buckley completed a parachute jump and raised £824.50 for the fund. Adrian is pictured here with one of our patients, Sue Hoad.

**2.** Arches Health and beauty raised £511 in August 2006.

**3.** Trevor Brentnall Memorial Golf Day raised £2700 on 25th June 2006. Pictured is Trevor's wife, holding the winners cup, and his three daughters.

Thank you to all our other supporters who are too numerous to mention. 🧘

All donations should be sent to:  
The Administrator  
Sussex Cancer Fund  
Sussex Cancer Centre  
Royal Sussex County Hospital  
Eastern Road, Brighton BN2 5BE

Cheques should be made payable to 'Sussex Cancer Fund'. If you would like to help raise funds in any way - please contact our administrator.

## Gift Aid

Gift Aid allows Charities to reclaim the basic rate of income tax on single donations from UK taxpayers. This enables us to increase the value of your kind donation by 28% at no extra cost to yourself. I promise! If you are happy for your donation to be made using Gift Aid, please ask our administrator for a form or download one from our website.

Registered Charity No. 282050

