An important aspect of cancer patient care is the provision of effective psychological support. It is recognised that within the Macmillan Horizon Centre it will be a key element associated with cancer. There is a significant minority who are not able to do this without the help of professionals within the field. These patients and carers need to be offered psychological support appropriate to their needs, with those experiencing particular distress referred to professionals with specialist expertise.

The Sussex wide approach

The Macmillan Horizon Centre needs to be more than just a building and a service provided by volunteers. The team reflect on a wide range of developments to improve support and information services across the whole of the Sussex. The approach to developing a Sussex wide psychological therapy service will be to build strong links with and make opportunities to the developments of support services in East Sussex, West Sussex and Brighton and beyond.

Summary of current work

East Sussex Healthcare Trust

The East Sussex Macmillan Counselling Service has staff based in Eastbourne, Hastings and currently has 41 qualified counsellors who are fully qualified. People receiving treatment at BSUH will be referred to the East Sussex Macmillan Psychological Support Service.

The Psychological Therapy Service at the new Support Centre

The Macmillan Horizon Centre will provide a psychological therapy service for people with cancer in the East Sussex area. The Psychological Therapy Service will be provided by volunteers who are fully qualified. \n
Self help and Support Groups

Details of local and national self help and support groups can be found on the Macmillan website by contacting communitysupport@macmillan.org.uk.

Funding and Donations

Once again a huge thank you to all our dedicated fundraisers, some of the events raised:

• The Shona Kerr Foundation’s sponsored ski trip and raised £423 to purchase a chemotherapy trolley today.
• Supporters have made a big contribution to the fundraising of £165.
• The Rotary Club of the Sussex raised £100
• Anthony Brown on the Brighton Half Marathon and raised £160
• Fife Brooks and Tracy Green raised £850 by participating in some scales and a chemotherapy chat.
• The Rotary Club of Lewes raised £360 to purchase all vital equipment for the department.
• Jo Husband ran the 10k run and raised £250
• The Burgers Hill Don’s仑 Club donated £50
• Carole Searle on the London 10k raised £400
• Clayton with Keymer Church held a coffee morning raising £273
• Saint Mary’s note from John of Grey £1571 (P1)
• Edwards Ltd raised £275 and purchased 6 nebulisers for the department (P6)
• The Lodge of St George £465 donated £70
• Belfreia Campaigns and Hart College £960 at their yearly Flower Festival.
• Marie (San), Sue (Lucas), Gay (Taylor) and David Wooster (11) the Brighton Macmillan Support £280
• Sophie Robins held a bake sale in her memory of her father and raised £150
• Father Tomikal from Bexhill raised £100
• Paul Hinshelwood donated his shed in support of his mum and raised £41
• Keith Lockwood completed a skydive and raised £379
• Ritz Cozarra swam across Lake Idahor in Hungary in support of her friend Helen and raised £114 (P1)

Thank you all to all our supporters who are just too numerous to mention!

If you would like to help raise funds or send a donation please contact Julia Lenton at the address opposite. Please make cheques payable to Sussex Cancer Support.

The newsletter of the Sussex Cancer Fund is sent to all named members of SCF, is providing £1.6m to support patients with cancer. Many of you will know that the new Cancer Support Centre for Sussex is currently under construction. Building is going well so we plan to open in the Autumn.

The new building will be known as: THE MACMILLAN HORIZON CENTRE.

We have used this short name to help people distinguish between the Macmillan Horizon Centre and the existing Sussex Cancer Centre.

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The Sussex Cancer Centre is the place for cancer patients to access support and appropriate treatment for their disease. As one of the largest cancer centres in the country, the Sussex Cancer centre will provide a comprehensive range of services for patients, carers, and friends of cancer patients. The Centre will provide a range of services to support patients with cancer, including medical, psychological, and social support. The Centre will be a place where patients can access information, advice, and support, and where they can meet others who have experienced similar challenges.

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certainly added to achievement. In all, over £5000 was raised for the Sussex Cancer Fund, and over £8000 for Macmillan Cancer Centre and pays for many day to day and inpatient care. This Fund raises money to provide help and comfort for the patients who suffer from cancer and their families. It is also raising the absolute minimum. If not for the patients and their families, they may not be able to access the medical equipment costing many thousands of pounds. It is also raising awareness about the facts of cancer. Fred decided to support a cancer charity and over again. You also make loads of new friends and get to see some of the most beautiful places. Fred, who also plays rugby for the Brighton & Hove Albion football club, added: “I thought it was a good cause and I want to do my bit.” He was stepping up to the plate for the trek and to help the patients. He said: “I know what an awful illness cancer is and it is something that affects so many people. I have lost a couple of close people to cancer and it’s something I want to do.”

Much of the scenery was jaw-droppingly spectacular. We went through a gorge walking, narrow shelf-like walkways, challenging rock scrambling, and mountains. As for the two worst snorers? It was poetic wonder. They snored so loudly it woke up the whole group. One of the steps to becoming a class archer, one of the steps to becoming a professional is to have been in the presence of such majestic scenery. We were latecomers to the trek so a lot of the fun and highlights was missed by us. We were latecomers to the trek so a lot of the fun and highlights was missed by us. We were latecomers to the trek so a lot of the fun and highlights was missed by us. We were latecomers to the trek so a lot of the fun and highlights was missed by us.

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Friends take on Coast to Coast challenge

Just days before the Scottish public cast their votes on independence, 6 Sussex friends took on the Coast to Coast challenge, travelling from the East to the West of Scotland to raise money for the Sussex Cancer Fund.

Boyce and Nick Hayward took on the Coast to Coast challenge, travelling from the East to the West of Scotland to raise money for the Sussex Cancer Fund.

As the finish line drew close, the sight of Glen Coe on the horizon provided the highlight of the experience for the boys and crossing the line in a respectable 14 hours and 12 minutes.

Friends take on Coast to Coast challenge

The following have been purchased in the last month:
- 24 nebulisers and a tower fan purchased by the Rottingdean Village Fair
- 3190速度热垫 for Howard 1 ward purchased by Penny Cattaneo and friends
- 20 芳香香薰香薰机 for Howard 1 ward purchased by Cheryl Fenwick and friends
- 1 化疗椅 and procedure seat purchased by the Robbins Club of Lewes Barbican
- 1 移动轮椅 purchased by the Radiography Department
- 新化疗椅 and 行动台 by the Robbins Club of Lewes Barbican
- 3 便携式氧气机 and 家族史 by dr Ron Couchman in loving memory of Ron and Beth Couchman
- 穿戴者 aware pulse oximeters and a relatives 化疗椅 by Penny Cattaneo and Paul Taylor Green
- 耳镜脉冲氧计 and a related 化疗椅 by Sam Taylor and friends
- 化疗椅 and 脚部凳 by Dr Ron Couchman
- 放射治疗椅 by Penny Cattaneo and David Green
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The seed for this adventure was planted at a dinner party together in late December and after months of multi-skilled training under each of their respective belts, they muscled through an intense exertions being compensated with raising an astonishing amount – over £5000 was raised for the Sussex Cancer Fund, the experience for the boys and crossing the line in a respectable 14 hours and 12 minutes.

Fred Lindfield, 10, persuaded friends and family to join him for the trek in memory of his Grandad Ron Couchman in loving memory of Ron Couchman, a local Rotarian/retired teacher who served the local community many years before. Ron fought cancer for over 15 years and died in 2013. Fred would like to use his success by the trek to help raise money for the Cancer Centre and pay for many day-to-day running costs. His mother said:

"It was incredible to see the fundraising potential that my son had and how much money he could raise. He was very motivated to do it and we had a whole team of people who were proud of him."

Dr Ron Jordan, Sussex Cancer Centre Consultant, said: "The most common form of device used is a couch. The most common form of device used is a couch. These are custom designed for the purpose as it is hard to make something that is referable. They are useful, however, for setting up some of the radiotherapy treatment rooms (it’s hard to make something that is referable). Don’t move!"

Trek Jordan report

October 10th 2014

The weather was glorious today, white swan has very nice weather. I don’t know the weather at the trek, but he is very good. I think he was using up the track for the trek to be easier and Strategies to choose some of the raffle prizes under £5000.

I was obvious since last year it was a long trek but this year. I was happy with the trek and I was happy with the trek. It was only one day, it was very nice. I was very nice and happy. I was very nice and happy.

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Work is now taking place to follow up on the discussions and services and information are and what this means for the body of body image support in Sussex and discussed what the gaps in the provision of support to people affected by cancer with body image associated with cancer, there is a significant minority who are not able to do so without the help of professionals within the cancer field. Those patients and carers need to be offered psychological support appropriate to their needs, with those people particular interest related to professionals with specialist expertise.

The Sussex wide approach
The Macmillan Horizon Centre needs to be more than just a building and services provided to members of the public. Tessa reflect on the horizon Centre in Brighton and also covers Princess Royal in Haywards Heath and currently has 5 volunteers providing a range of services.

The Psychological Therapy Service at the new Support Centre
The Macmillan Horizon Centre will provide a psychological therapy service. The Psychological Therapy Service will be provided by volunteers who will be professionally supervised. For details of local and national self-help and support groups please contact the Macmillan website by visiting the Macmillan website or by contacting communitysupport@macmillan.org.uk

Macmillan Horizon Centre Service Development Update: Psychological Support Service

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<tr>
<td>The Psychological Therapy Service</td>
<td>The Psychological Therapy Service is based in Brighton, provides a counselling service for patients with a cancer diagnosis and is run by the RCHC or consultant. The Trust is exploring with Macmillan, options to extend the service to Worthing.</td>
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<tr>
<td>East Sussex Healthcare Trust</td>
<td>Tel: 01323 414918 Ext 3252 or 07747 472657</td>
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Final fundraising and donations

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<table>
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<tbody>
<tr>
<td>Macmillan Horizon Centre</td>
<td>Macmillan Horizon Centre is the place for expert clinical treatment.</td>
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<tr>
<td>The Sussex Cancer Centre</td>
<td>The Macmillan Horizon Centre will provide a range of services for practical, emotional and financial support to people living with cancer. The Sussex Cancer Centre is the place for expert clinical treatment.</td>
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<tr>
<td>Uro-oncology</td>
<td>The construction of the multidisciplinary Urology Centre is partly funded by the Sussex Cancer Fund and Macmillan Support. In its initial phase funded by the NHS, the Sussex Cancer Centre is the place for expert clinical treatment.</td>
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<tr>
<td>Neuro-oncology</td>
<td>The Sussex Cancer Centre is the place for expert clinical treatment.</td>
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New Cancer Support Centre update

Many of you will know that the new Cancer Support Centre for Sussex is currently under construction. Building is going well so we plan to open in the Autumn.

The new building will house an:

**THE MACMILLAN HORIZON CENTRE**

We have used this short name to help people distinguish between the Macmillan Horizon Centre and the existing Sussex Cancer Centre and in the associated literature.

The Sussex Cancer Centre is taking on funding the long term running costs of a service.

This new responsibility will be in addition to continuing any essential work for the Sussex Cancer Fund and local research. In the 25 years since I established the Charity for this purpose we have spent over £3 million on Cancer Research. We must be able to continue to do this. Therefore your support for the Sussex Cancer Fund is still vital.

Thank you Dr. George Deuchars, Chairman, Sussex Cancer Fund
An important aspect of cancer patient care is the provision of effective psychological support. It is recognised that individuals affected by cancer and those living with cancer are at risk of psychological distress associated with cancer. There is a significant minority who are not able to access, or do not access, psychological support. Their needs and those of a targeted group of people need to be addressed and supported. This training is essential to ensure that the needs of the patient are met.

West Sussex Healthcare Trust

The Sussex Cancer Support Centre is a demanding psychological therapy service based in Chichester, providing a counselling service for people with a cancer diagnosis and their carers. The Centre is funded by the local health board and provides a range of psychological services to people living with cancer. The Centre provides support and information for cancer patients and their family members.

Brighton & Sussex University Hospitals NHS Trust

The Psychological Therapy Service at the new Macmillan Centre in Brighton and also covers Princess Elizabeth College and the local children’s services. We are looking to work with children and young people and to provide a range of psychological services to support them.

The Psychological Therapy Service at the new Macmillan Centre will provide a psychological therapy service to the people affected by the local health board. The Psychological Therapy Service will be provided by volunteers with a high level of expertise. The service will be offered to the people affected by the local health board. The service will be offered on a regular basis and will be available to all people affected by the local health board.

Self help and Support Groups

Details of local and national self help and support groups can be found on the Macmillan website by contacting community/selfhelp@maccmillan.org.uk

Service Development Spotlight: Body Image Support

A workshop was held on July 3rd 2015 to map out the current services and the potential for further development of support services. The workshop was attended by professionals and representatives of organisations offering body image support to people affected by cancer. The workshop provided an opportunity to discuss the current services and the potential for further development of support services.

Macmillan Horizon Centre Service Development Updates: Psychological Support Service

A workshop was held on July 3rd 2015 to map out the current services and the potential for further development of support services. The workshop was attended by professionals and representatives of organisations offering body image support to people affected by cancer. The workshop provided an opportunity to discuss the current services and the potential for further development of support services.

Funding and Donations

SVC funded Neuro- oncology and Uro- oncology research project

We have been delighted to have the opportunity to work with several organisations to support the delivery of our research project. We have worked closely with these organisations to ensure that the project is delivered in a way that is beneficial to the patients and the research community. The project has been funded by a range of organisations, including the National Institute for Health Research, the Medical Research Council, and the Cancer Research UK.

New Cancer Support Centre Update

Many of you will know that the new Cancer Support Centre for Sussex is currently under construction. Building is going well so we plan to open in the Autumn 2015.

The new building will be known as:

THE MACMILLAN HORIZON CENTRE

We have used this short clear name to help people distinguish between the new Macmillan Centre and the existing Sussex Cancer Support Centre.

The Sussex Cancer Fund will be a charity fund to support the construction of the new building and the associated literature. The Sussex Cancer Fund has agreed to continue to pursue the legal and administrative aspects of the project to ensure that the new building and associated literature will be realised.

The Sussex Cancer Fund has agreed to fund part of the new Cancer Support Centre for Sussex. The Sussex Cancer Fund will look at the important and under-researched areas of the cancer experience and will work with the Sussex Cancer Fund to ensure that the new building and associated literature will be realised.

The Sussex Cancer Fund has agreed to fund part of the new Cancer Support Centre for Sussex. The Sussex Cancer Fund will look at the important and under-researched areas of the cancer experience and will work with the Sussex Cancer Fund to ensure that the new building and associated literature will be realised.

SVC’s name has been included in the building’s title to keep it short and memorable. The role of SVC will be made clear in the literature and in the Centre and the associated literature. We hope that the use of the word Horizon will reflect the positive experience of people affected by cancer.

The Sussex Cancer Support Centre is the place for people affected by cancer. The Centre is the place for people affected by cancer. The Centre is the place for people affected by cancer. The Centre is the place for people affected by cancer.