

Some more of our amazing fundraisers

Thank you

1. Maddie Martins and Clara O'Connor, Three Forts Challenge, £447
2. Chris Cordell & the Littlehampton Jet Ski Club £2217
3. Seb Robinson, Bronzeleaf Tree Surgeons £280
4. Gary Tarrant, Windermere Marathon £256
5. Ben Sweet & James Peese, Runt To The Sea Brighton £2051
6. Sarah Hurst, Husky Trail £1106
7. Kay Goddard, Open House & card Sale £222
8. Katherine Sadler & donated Easter treats for sale at SCC
9. Paul Wheatley donated Easter treats for sale at SCC



The newsletter of the Sussex Cancer Fund

The GOOD NEWS



Spring 2022

WELCOME

- Cancer Research News
- Fabulous Fundraising
- Other SCF Work Updates

We bring you just some of the good news from the world of the Sussex Cancer Fund, the latest updates on some of our cancer research projects, a look at a few of our fabulous supporters and their fundraising efforts.

But for even more detail on these and all our other projects please visit www.sussexcancerfund.co.uk.

Or if you have a story you would like to share please email us at: uhsussex.scfadministrator@nhs.net

Understanding the Gut Microbiome in Relation to Anal Cancer

The Sussex Cancer Fund is excited to be funding a project which aims to gain a more detailed understanding of the gut biome in relation to anal cancer and treatment programmes. The project is being carried out by Hamish Sinclair, Core Medical Trainee under the supervision of Dr Duncan Gilbert, Consultant in Clinical Oncology. Most patients with Anal Cancer are treated with a combination of chemotherapy and radiotherapy (chemoradiotherapy). For the majority of patients, this treatment aims to provide long-term cure. The current priorities for anal cancer research are how to improve response rates for patients with locally advanced disease and how to prevent and treat the side effects of treatment in order to improve long-term quality of life.



Dr Duncan Gilbert, Consultant in Clinical Oncology & Hamish Sinclair, Core Medical Trainee

The gut microbiome refers to the collection of bacteria and microorganisms which colonise our bowel. There is evidence to suggest that changes or imbalances to our microbiome are related to a wide spectrum of diseases including obesity, liver disease, inflammatory bowel disease, and colorectal cancer. In oncology, there is emerging evidence that the composition of the gut microbiome might be able to predict responses to immune checkpoint inhibitors, and attempts to modulate the microbiome have the potential to improve patient outcomes.

Our Brighton Marathon & BM10K Team raised £7745. A huge thanks to:

- Elizabeth Olloson
- Neil Johns
- Fiona Gardner
- Elise Sotheran
- Josie Lloyd
- Abdillahi Adam
- Alan Lacey
- Thomas Grieves
- Erin McGarry
- Alex Black
- Daisy Stevens
- Christianne Whitfield
- Sophie Lewis
- Michael Taggart
- Amy Rowe
- William Morris
- Jacquie Trott
- Stephen Bryant
- Alex Geldart
- Nicky Thomas
- Harris Aziz





Sussex Raceday at Plumpton Racecourse

On Sunday 3rd April the Sussex Cancer Fund was invited for a day of racing and fundraising at the iconic Plumpton Racecourse. The event was also attended by the Team from the Worthing Breast Care Centre. Together we raised over £55,000!

The event was held to help raise breast cancer awareness and funds for a West Sussex Breast Centre project to buy an RFID LoCalizer. Breast localization can help surgeons precisely locate and surgically remove breast abnormalities. The new RFID LoCalizer would offer a much less evasive procedure for patients, which would also mean fewer pre-surgery visits.

The day was supported by the Moore Family, the county's most successful horse racing operation, and included a Lunch with the Moores event, silent auction as well as a raffle. The Racecourse together with the Moores family extended their generosity by giving free tickets to the Oncology staff from University Hospitals Sussex Trust, as way of thanks for treatment received by family members.



Jo & David from SCF as well as some of the Worthing Breast Care Team

SCF 2022 TARGET

This year we need to raise over £250,000 in order to fund our planned work for the year...

Obviously the more we raise the more we are able to accomplish but we can only do this with the help of our supporters.

There are lots of ways you can help us, by spreading the word on the work we do, directly fundraising for us, we even have lots of free ways you can support us on our website but a simple donation would also make a big difference to our work.



www.justgiving.com/sussexcancerfund

SCF 2022 Fundraising Target



Remote Outcomes Monitoring To Improve Patient Care Project



The Sussex Cancer Fund supports a project headed by Dr Ollie Minton with the Enhanced Supportive Care Team.

Following several months of project implementation it has already demonstrated extensive patient benefits & significant cost savings too. These include a reduction in non-elective admission rate and a reduction in non-elective average length of stay for patients.

Purchased 3D Head & Neck Teaching Model

We recently purchased an anatomically precise 3D head model for the Head & Neck Team at Brighton.

The model will be used to explain to patients details of their conditions and treatment plans more easily. The model is life size and shows muscles, nerves, vessels and bony structures.

Many thanks to the friends and family of Chris Milton who raised funds for this important piece of equipment.



You Will be Ok: Helping Grieving Teens



The Sussex Cancer Fund has recently purchased 25 copies of the book 'You Will Be Okay: Find Strength, Stay Hopeful and Get to Grips With Grief' for the Palliative Care Team. The team were keen to provide some resources to teens who were experiencing grief. The death of a parent, sibling or friend is one of the most traumatic experiences for a child or young person and it can be hard to know how to talk to them about it.