Some more of our amazing fundraisers

Thank you

- 1. The SCF Speedee Boarding Team
- 2.FRP Advisory Speedee Board Team, £500
- 3. Karen Weller & Dad, Brighton Trail Marathon, £621.50
- 4. The Grosvenor Bar, Networking Event, £225
- 5. Christopher Crawford, Souvenir Pride Poster Sale.
- 6. Chantel Hargreaves, Ironbourne, £150
- 7. Julia Warnes, & Westbourne Place Residents, Platinum Jubilee Party, £750
- 8. West Sussex Golf Course Members, 100 hole Golf Challenge, £31,916.79
- 9. Neil Williams & Jon, Ride London 100,£516.25
- 10. Cuckfield Town FC 150th Anniversary Celebration, £5,120
- 11. Sarah Hurst, Ben Nevis Trek, £375
- 12. Debbie Davis, Deb's Cancer Journey, £925
- 13. Sheila Hotton, Plant sales, £1.084
- 14. Dave Lynn & the Queens Arms, Fundraising Day £1,600
- 15. Russell Taylor, Garage Sales, £205

If you would like to fundraise for us, please get in touch via our website www.sussexcancerfund.co.uk











Only £5









Speedee-Boarding, the world's largest paddle boarding relay-racing tournament -16th June 2022.

We were delighted to take part in the Speedee Boarding event thanks to Business Ambassador, Phil Harris from FRP Advisory and teammates Beth Warner, Russell Deen, and Jack Norton. The FRP Team nominated us as their chosen charity, meaning we got a £500 donation, plus organiser Neil Laughton gave us the opportunity to enter our own team.

Our SCF Team was made up of Dr Simon Page, Clinical Oncology Registrar, Neil Johns, Advanced Practice Radiographer, and two Sussex Cancer Fund supporters, Andreas Pfeiffer and Chris Coane.



It was a fantastic day, made even more special by the SCF team winning the Cup!





Simple Storage Solution to Aid Electron Treatment

We recently had a request from the Radiotherapy Team, specifically for the mould room for some heavyduty plastic boxes.

The boxes are to be used to keep safe the various moulds and shields patients need while having their treatment. They are often bespoke pieces of wax and lead that are made for patients receiving close to the surface of the skin. The paranet wax (Bolus) help the electron beams reach the correct depth and the lead pieces (applicators) stop healthy tissue from being affected by the treatment. The boxes will keep the moulds together safely in a clean and protected environment.

Marissa Alexandru, Dosimetrist "The boxes provided by the Sussex Cancer Fund have made it possible for us to keep each patient's individual applicator, bolus and any other element of the set-up secure and within infection control standards. This will go a long way to assisting us when transporting individual items securely to our satellite sites. We are very thankful to the Fund for providing us with the means to deliver a more individualised service to our patients having electron treatment"

To read the full story about how this simple solution will aid such a key treatment process please see our website: https://www.sussexcancerfund.co.uk/simple-storage-solution-to-aid-electron-treatment/



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WELCOME

- Simple Soultions
- Fabulous Fundraising
- Other SCF Work Updates
- Poetry Book now published

We bring you just some of the good news from the world of the Sussex Cancer Fund, the latest updates on some of our cancer research projects, a look at a few of our fabulous supporters and their fundraising efforts, as well as details of our exciting 'Why we Love Sussex' kids poetry competition.

But for even more detail on these and all our other projects please visit

www.sussexcancerfund.co.uk.

Or if you have a story you would like to share please email us at: uhsussex.scfadministrator@nhs.net

GOOD NEWS



Blood Cancer Research Patient Forum 7th October 2022

We are excited to invite blood cancer patients to meet our team of blood cancer researchers at Brighton and Sussex Medical School. The afternoon will start with a tour of our research labs, followed by an opportunity to chat with us over refreshments. As well as seeing how we work and meeting the team, we want to use this opportunity to better understand what is important to patients and their families.

We are committed to making our research as relevant and accessible as possible. So please come along and help us shape the direction of blood cancer research here in Sussex. *Please note that the research teams will be unable to comment or advise on personal treatment plans. They will be sharing details of brand new research taking place in Sussex on Blood Cancers only.



7th October 2022 2pm - 4pm

Venue:

Medical Research Building **Biology Road Brighton and Sussex Medical** School Sussex University Brighton East Sussex BN19PX

Book your place via our website, friends and family welcome.



SCF 2022 TARGET

This year we need to raise over £250,000 in order to fund our planned work for the year...

Obviously the more we raise the more we are able to accomplish but we can only do this with the help of our supporters.

There are lots of ways you can help us, by spreading the word on the work we do, directly fundraising for us, we even have lots of free ways you can support us on our website but a simple donation would also

make a big difference to our work.



www.justgiving.com/sussexcancerfund



New Cannulation Trolley

Faye Donnachie, Nurse Manager, Chemo Ward, Sussex Cancer Centre. Brighton receiving a new Cannulation Trolley from the Sussex Cancer Fund.

Many thanks to the friends and family of Chris Milton who raised funds for this important piece of equipment.

TENTS

Boost

The Sussex Cancer Fund's ethos is to make treatment a more bearable & we are always looking for ways to improve patient experience. David, Fund Manager recently overheard patients chatting about which chair they had been allocated that day on the chemo ward. The patients had worked out where the worst place in the room was to pick up the wifi signal.

As David was able to access funds to organise for a signal booster to be fitted to give more even wifi coverage throughout the ward.



Competition Winners 'We Love Sussex Poetry Book' - Out Now.

Available to buy from our website £5.00 each

We love Sussex and we know you do too, so we asked children aged between 6 and 16 years old to write poems about why they love this amazing county.

We are also lucky enough to have three amazing guest judges, Jacqueline Wilson, Jill Hucklesby, and Dr Ollie Minton.

www.sussexcancerfund.co.uk Registered Charity No. 1147195 Follow us on social media: 😏 🗗 🧿 in

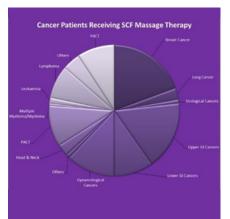
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Sussex Cancer Fund WIFI

Update from Our Massage Service



Gabby treats a range of patients who are always very appreciative. It is very heartwarming to see we are making a difference to patients on our ward. See more on our blog



We had over 250 entries which gave the judges a really tough job of selecting the winners. The winners' poems have been brought together to create the 'We Love Sussex Poetry Book' which are being sold at £5 each, to generate funds to help the Sussex Cancer Fund with their work.